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Metro Drive

Legendary Camaro makes a comeback

pg 12



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Police looking into sexual assault

CRIME Ottawa police are investigating the report of a sexual assault in Stittsville.

Police said at 8 p.m. on Monday, an 18-year old woman was walking two dogs along the Trans Canada Trail east of Abbott Street when an unknown male approached her from behind.

The suspect allegedly grabbed the woman, pointed a gun at her and requested that she accompany him into the woods.

The woman struck the male in the face and he fled southbound into a wooded area, police said.

TRACEY TONG/METRO OTTAWA

Honouring heroes

OC Transpo recognizes its best and brightest employees

Sunny Side

TRACEY TONG
tracey.tong@metronews.ca

Anyone else would call it an act of heroism. For OC Transpo bus driver Marino Verzeroli, it was just what he had to do.

On New Year's Day, 2008, Verzeroli was driving his bus when he saw a three-year-old boy standing alone at the intersection of Meadowlands Drive and Merivale Road.

It was snowing, and -11 C out. When Verzeroli realized the child was not dressed appropriately for the weather, he stopped the bus immediately.

"I was concerned," he said. "I took my jacket, put it on the boy and took him out of the cold."

Verzeroli said nothing like that had happened to him before. But when he saw the boy, instinct took over. He contacted OC Transpo transit control and Ottawa police took the boy to hospital as a precaution.

Thanks to Verzeroli's quick thinking, the boy was unhurt and was reunited with his mother.

"I live and die for my kids," said the father of two. "When any child is in distress, you have to help. It's a no brainer."

Nonetheless, the city ho-



OC Transpo bus driver Marino Verzeroli, left, and acting mayor Michel Bellemare pose with the Transecure Owl at the 19th annual Transecure awards at city hall yesterday.

noured the 41-year-old yesterday, naming him the 2008 Transecure employee of the year in its 19th annual awards ceremony.

Verzeroli was one of 14 transit employees to be honoured. From Bhupinderpal Gill, who informed police about an assault, leading to the arrest of three

males; to Special Constable Steven Flint, who helped a young woman who was sitting on the Highway 417 overpass; to Special Constable Colin Burrill, who helped a woman in medical distress administer an EpiPen, individuals were recognized for going beyond the call of duty.

The first duty of the city is to ensure the safety of its residents, said acting mayor Michel Bellemare. And the city's transit workers are the city's eyes and ears, he said.

"Their contributions ensure the city is one of the safest in the world," he said.

Committee votes to let city grow

TRACEY TONG
tracey.tong@metronews.ca

BOUNDARY Ottawa will continue to grow, after members of the city's planning and rural affairs committees defeated a motion to freeze Ottawa's urban boundary.

Members yesterday defeated Somerset Ward Coun. Diane Holmes' motion that the urban boundary not be expanded 9-2 and supported the staff recommendation of a 842-hectare expansion.

Ottawa needs more row housing and townhomes, not single-family homes, said Holmes.

The dream of owning a single-family home is not sustainable, she said.

"If we're not legally required to do so, we should hold the line," said Bay Ward Coun. Alex Cullen.

"We have sufficient supply to meet the needs of our community," he said. Others were against the motion.

"Sprawl means unplanned development," said Kanata North Ward Coun. Marianne Wilkinson. "We're talking about expanding the boundary."

"I think the motion is short-sighted," said Orleans Coun. Bob Monette. "We're shutting the door on future expansion. You are not planning for the future, you are planning for today."

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Ottawa and Canada. This is also a Call to Action for you to send us your suggestions at ottawaletters@metronews.ca, metronews.ca or on Twitter @metroottawa.

On metronews.ca
• Share your SunnySide thoughts on Twitter using #sunnyside

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• Museum adds Victoria Cross to its collection, pg 2
• Greening up the auto industry, pg 12



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A computer game research project from Carleton University that encourages a high level of physical exertion in a fun format has been chosen to showcase at E3, the world's largest industry entertainment conference. **METRO OTTAWA**

Local



Suspect sought in Subway thefts

Ottawa police are investigating four armed robberies that occurred at a Subway restaurant in the 800 block of Earl Armstrong Road between March 21 and May 11. On each occasion, a lone male entered the restaurant armed with a handgun and demanded money. A black Acura or Integra has been seen leaving the scene after the thefts. Police seek a white male with short black hair and goatee. Anyone with information should call 613-236-1222 ext. 5116. **METRO OTTAWA**

Kilrea supporter testifies about alleged deal

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

According to one of Terry Kilrea's supporters, members of Larry O'Brien's campaign team told him in early August 2006 that Kilrea would soon be accepting a "federal offer" in exchange for dropping out of the 2006 mayoral campaign.

In testimony for the mayor's trial that could still be ruled inadmissible by Judge Douglas Cunningham, John Light claims that Conservative fundraiser Thom Bennett had phoned to recruit him to be O'Brien's campaign manager in early August 2006.

Light responded by saying that he was committed to Kilrea.

In court yesterday, Light said that Bennett then covered the phone for 30 seconds, before informing him that Kilrea would be dropping out of the race soon.

Light said the call came from Bennett's office with O'Brien and political adviser Greg Strong in the room.

Light said that Strong told him that Conserva-

tive pollster Dimitri Pantazopoulos was working on an offer that Kilrea would likely accept, during a followup phone call from Strong's car later that day.

When Strong testified, he said the call was made from Bennett's kitchen, and O'Brien was not present.

Strong said there was never any mention of an offer to Kilrea during those phone calls.

Bennett will give his testimony today.

Testimony from Light, Strong and Bennett could be deemed hearsay and dismissed as inadmissible. Judge Cunningham will rule on its value today.

Even though there may not have been a real effort to get Kilrea an appoint-

ment, Crown attorney Scott Hutchison said the fact that the conversations took place proves that the offer was still alive after the July 12 meeting.

O'Brien's defence lawyer Michael Edelson argued that in order for the testimony to be valid, the Crown has to show a direct link to O'Brien, which cannot be done in this case.

Carleton duo launches atlas to ID risk of homelessness

TRACEY TONG
tracey.tong@metronews.ca

Canada's homelessness problem is getting worse, and due to a number of factors, the nation's capital is not immune, two Carleton University researchers said yesterday.

In Ottawa, there's a high demand for affordable housing, low vacancy rates, and a large number of people who spend 50 per cent or more of their income on rent, said PhD student Tracey Lauriault.

Lauriault and Carleton professor Fraser Taylor introduced their interactive cybercartographic atlas to help cities visualize variables associated with the risk of homelessness at the Congress of the Humanities and Social Sciences yesterday.



Carleton professor Fraser Taylor, left, and PhD student Tracey Lauriault launched their interactive cybercartographic atlas yesterday at the Congress of the Humanities and Social Sciences. The atlas was created to aid cities in visualizing variables associated with the risk of homelessness.

The atlas charts information including income spent on rent, vacancy rates, age of social housing stock, affordable housing and

tenure. Available online, the pilot study, completed over the past year and a half, was conducted in partnership with the Federation of Cana-

dian Municipalities.

"This is the first time homelessness has been presented in atlas form," said Taylor.

In Ottawa, things are getting worse, not better, said Taylor. "Homelessness is not a single variable type thing."

Part of the problem comes from focusing more on building houses and condos than affordable housing, said Lauriault.

In Ottawa, 14,000 people are currently on the waiting list for social housing, said Lauriault. They will spend an average of eight years on the waiting list.

Existing housing stock is not being maintained, added Lauriault. They were built in the '60s, '70s and '80s — from poor materials, and many with electrical heating, which means high prices.

"Quite often, when people look at homelessness in Canada, it's after the fact," said Taylor. "We're trying to look at it before."

War museum purchases Victoria Cross

Sunny Side

MEDALS The Canadian War Museum has purchased a Victoria Cross and Distinguished Conduct Medal for its collection.

Purchased at an auction, Lt.-Col. Robert Shankland's medal set "is an essential part of the national heritage of all Canadians," said the museum's director general Mark O'Neill.

"The story of this great Canadian and his contribution to our history deserves to be preserved in our national military museum."

"This medal, and the heroism that earned it, are part of our proud history of service and sacrifice," said Canadian Heritage Minister James Moore.

The medal set was purchased with the assistance of the museum's National Collection Fund, which enables the war museum and the Canadian Museum of Civilization to acquire artifacts that might otherwise be lost to Canadian national heritage.

The war museum now holds 30 of the 94 Victoria Crosses awarded to Canadians in its collection.

TRACEY TONG/METRO OTTAWA

News in brief

PAINTING Two people are wanted by police after a painting was stolen from an art gallery in the ByWard Market last month. Police issued arrest warrants for theft under \$5,000 for Luc Gagnon, 48, and Diane Turgeon, 57, both of Gatineau.

UNITED WAY This year, United Way/Centraide Ottawa is investing \$26.8 million in Ottawa initiatives, exceeding 2008 investments by \$1.3 million. **METRO OTTAWA**

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What's online today.

Video Ottawa Mayor Larry O'Brien's videotaped police statement will likely be his sole testimony during his influence-peddling trial at **metronews.ca/canada**

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Blogs Style columnist Kenya Hunt's Acne jacket showdown with a shopping rival at **metronews.ca/canada**

Lotteries

Ontario Pick 3: 505; Ontario Pick 4: 2054
Encore: 2167735
Daily Keno: 1, 6, 8, 9, 10, 14, 16, 17, 21, 28, 36, 38, 39, 40, 50, 54, 60, 65, 67, 69.
These results are not official.

Surge in EI claims

The number of Canadians collecting regular employment insurance benefits grew by 65,300, or more than 10 per cent, in March. **CBC NEWS ONLINE**

3

Canada

Flaherty forecasts record deficit

BUDGET Canada will run a record high budget deficit of more than \$50 billion this year, Finance Minister Jim Flaherty said yesterday as the minority Conservative government came under pressure to spend more on the jobless.

Flaherty raised his estimate from the \$33.7-billion shortfall he forecast in the government's January budget. The deficit will be the country's first after more than a decade of budget surpluses.

"We are going through a deeper economic slowdown than anticipated," Flaherty said.

He blamed lower tax revenues and higher jobless benefits being paid out by Ottawa as "to be expected" in the downturn. But a bailout of General Motors and Chrysler will put even more pressure on the government's books.

"We are also seeing the substantial auto payments that are going to be required. As a result of all of that, we will run a substantial short-term deficit this year, which I would estimate at more than \$50 billion," he told reporters.

Markets had anticipated a bigger deficit because the economic contraction has been sharper than expected. As a result, bond prices were little changed after Flaherty's remarks.

The previous highest deficit, in nominal terms, was \$39 billion in 1992-93, according to finance ministry data.

REUTERS

News in brief

BAN The Canadian government yesterday proposed a ban on fruit-flavoured cigarettes and small cigars that anti-smoking groups say are being marketed like candy to lure children into smoking. Health Minister Leona Aglukkaq said the industry's own internal documents showed it was using sweet flavours like grape, banana and peach to entice teenagers to try tobacco for the first time so they become addicted.

REUTERS



Gov. Gen Michaëlle Jean has been criticized by animal-rights groups after eating part of a raw seal heart in Nunavut.

Seal snack under attack

To some, it was a stunning gesture to native tradition worthy of Chief Dan George.

To others, it was an act of rock-star audacity that awakened memories of grizzled old bat-muncher Ozzy Osborne.

And to others still, it was just, well, gross.

However you view the spectacle of Gov. Gen. Michaëlle Jean gobbling seal heart raw in Rankin Inlet, Nunavut, there is no denying the Queen's representative now has the divisive, decades-old seal hunt controversy stuck in her teeth.

The political indigestion over Jean's meal of seal roiled loudest among animal-rights activists, who used the terms "Neanderthal" and "bloodlust" yesterday to describe how the Governor General revelled helping herself to the heart of the dripping carcass.

Jean was unapologetic, pronouncing her taste of seal heart to be "absolutely delicious."

"These are ancient prac-

"These are ancient practices that are part of a way of life." Michaëlle Jean

tices that are part of a way of life," Jean said, framing her gutsy gesture as an act of solidarity with the Inuit. "If you can't understand that, you're completely missing the reality of life here."

But PETA officials said it was Jean who is missing reality.

"Our campaign is not to stop the native hunt, which accounts for only a very tiny part of Canada's seal slaughter," said PETA vice-president Dan Mathews.

"Far more than 90 per cent of the Canadian seal hunt is unrelated to the native peoples. What we want to stop is that huge commercial market that is all about selling baby seal skins to Norway, where they become fashion items for the Russian and Chinese markets," he said.

TORSTAR NEWS SERVICE

Accused killer is on suicide watch: Lawyer

MISSING GIRL The man accused of abducting and killing Victoria (Tori) Stafford is in segregation in jail and on suicide watch, says his lawyer.

Michael Rafferty, 28, of Woodstock, Ont., is charged with first-degree murder

and abduction in connection with the disappearance of eight-year-old Tori.

Police have been searching for Tori's remains for nearly a week in a rural area about an hour outside Woodstock.

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World/Business

One in seven back to terrorism: U.S.

GUANTANAMO Seventy-four, or one out of every seven, terrorism suspects formerly held at the U.S. detention site at Guantanamo Bay are confirmed or suspected of having returned to terrorism, the Pentagon said yesterday. Of more than 530 detainees transferred from the U.S. base in Cuba, 27 are confirmed and 47 suspected of "reengaging in terrorist activity," according to a written Pentagon summary. **REUTERS**

News in brief

SAME-SEX MARRIAGE California's top court backed a ban on gay marriage yesterday, ruling that voter-approved Proposition 8, defining marriage between a man and a woman, could stand. The court, which last year approved same-sex unions, bowed to voters. **REUTERS**

More missile tests

North Korea defied international condemnation of its latest nuclear test by firing three short-range missiles off its east coast yesterday and major powers considered tougher action against the isolated communist state.

With tension in the region high, South Korea said it would join a U.S.-led initiative to intercept ships suspected of carrying

weapons of mass destruction, something Pyongyang has warned it would consider a declaration of war.

North Korea also restarted its plant that extracts bomb-grade plutonium, a South Korean newspaper said yesterday. The actions follow three short-range missiles tests Monday.

Monday's nuclear test, the North's second after one in 2006, drew sharp in-

ternational condemnation and U.S. president Barack Obama said its nuclear arms program threatened international security.

"Another risk is that the North Koreans might peddle some plutonium, or peddle some technology to terrorist groups, that would also be very, very serious," Hans Blix, former head of the International Atomic Energy Agency, told the BBC. **REUTERS**

Sri Lanka offers Tamils rehab or trial

SRI LANKA More than 9,000 Tamil Tiger fighters have been questioned by judges following Asia's longest modern war and the majority will undergo rehabilitation, Sri Lanka's military said yesterday.

Many of the remaining

2,000 are likely to face trial.

"They have to go through rehabilitation so that they can live as normal Sri Lankans," said military spokesman Brigadier Udaya Nanayakkara. **REUTERS**

War crimes?

• The UN human rights chief called yesterday for an inquiry to determine if Sri Lankan forces and Tamils committed war crimes in the last days of their conflict.

Business

Home buyers lured by low prices, rates

While the economy remains a huge concern, lower home prices and interest rates are the two main ingredients that have driven Canadian first-time home buyers to buy in the spring market, according to a report released yesterday by Royal LePage Real Estate Services.

According to a poll by Pollara Research for Royal LePage, 86 per cent of Canadians say lower interest rates make them more likely to purchase a home, followed by 81 per cent

who say lower housing prices are the motivating factor.

But the economy remains a stumbling block, with 76 per cent citing job security and 64 per cent saying a stable economy are important factors in their buying decisions.

Still, some buyers have returned to the market this spring, with a first-time home buyer's tax credit and a home renovation tax credit for 2009 cited by potential purchasers as influencing factors. **TORSTAR NEWS SERVICE**

Business in brief

BANKING Bank of Montreal posted a stronger-than-expected quarterly profit yesterday, and said it was cutting 1,100 jobs, sending Canadian bank shares higher as investors bet that other big lenders reporting this week will also notch profits.

SETTLEMENT Biovail Corp. reached an agreement with its founder Eugene Melnyk that

will help avoid another proxy battle like the one that disrupted its shareholder meeting a year ago. Melnyk, the company's largest shareholder, agreed to back the company's nominees to the board. In exchange, Canada's biggest publicly traded drug company agreed to appoint one of Melnyk's choices to the board and audit committee. **REUTERS**



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Comment & Views

Comment

They have ears, but they do not hear

TheWestView

Paul Sullivan

metronews.ca/thewestview

adies and gentlemen! For my next trick, I will condemn the Tory attack ads on Michael Ignatieff without sounding like a knee-jerk Liberal.

This is a difficult trick that, to my knowledge, has never been performed in

public.

Here goes.

To date, the mainstream media (MSM to alienated Tories) have decried Stephen Harper & Co.'s preference for going nuclear on the Opposition leader over defending their own governance. Many have also made the point that there's nothing wrong with spending 34 years outside the country, and have dismissed or glossed over the most telling point of the attack ads: Ignatieff was in the habit of pretending to be American or English depending on his audience at

the time.

To outraged Tories, Ignatieff's alleged duplicity is critical. They maintain it's their patriotic duty to expose this imposter, this carpetbagger, this dilettante, for what he is. Imagine, this guy has spent 34 years mouthing off around the planet and now comes home expecting us to anoint him prime minister!

Hence the attack ads. It's a tough job, pilgrim, but somebody's gotta do it.

Unfortunately, the Tories are missing the point. Again. I'm not sure why Harper & Co. have such a collective tin ear, but I think

it comes from years of being a "Voice Crying in the Wilderness": "They have eyes, but they do not see! They have ears, but they do not hear!" They really think we'll watch these ads, and we'll all go "Aha" and vote Tory.

Whatever you think about Michael Ignatieff, it's not going to happen. Iggy may have gone to Harvard, Oxford and Cambridge, but his post-grad political education comes courtesy Barack Obama. These days, negativity won't get you through. When he says he's here to bring people together, not

tear them apart, he's found a message Canadians are ready to hear.

This Yes We Can attitude, this message of hope, appears to have completely eluded the Tories. As the governing party, they're in the unfortunate position of telling us what we can't have. But do they have to be so mean-spirited about it?

I'm sure Stephen Harper cares about this country, almost as much as he cares about running it. However, if he wants to keep his job, he'll spend less time picking on a guy who cannot only

take it, but give it back double.

He needs to roll up his sleeves, put a smile on his face and take out the following ad: "This is the greatest country in the world, and together we're going to overcome the obstacles and make it even greater. Laurier had it wrong (what do you expect from a Liberal?): It's the 21st century that belongs to Canada."

Now there's a tack we're all waiting to hear.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting: vancouverletters@metronews.ca

Word on the street: Should convicted child killers receive longer prison sentences than other convicted murderers?

Faisal Booty

age 21, Ottawa

A: I think (child killers) should receive more than a life sentence. They should receive capital punishment. Why would a person murder a child when a child is innocent?



Geneviève Friesen

age 24, Ottawa

A: A murder is a murder any way you put it. I don't think one is more severe than the other; you're taking a human life no matter what.



Greg Miskie

age 25, Ottawa

A: Yes, they should receive longer sentences. If you're going to intentionally murder a child, you're going out of your way to kill someone innocent and defenceless — not that any murder is justifiable.



Nicole Ryan

age 26, Toronto

A: Yes ... I don't care what your excuse is, what your background is ... They should be punished beyond punishment.



Shaun Atomic

age 28, Vancouver

A: It shouldn't necessarily be a longer amount of time served, but the type of sentencing. We need to address the minds of these people.



Angelle James

age 23, Halifax

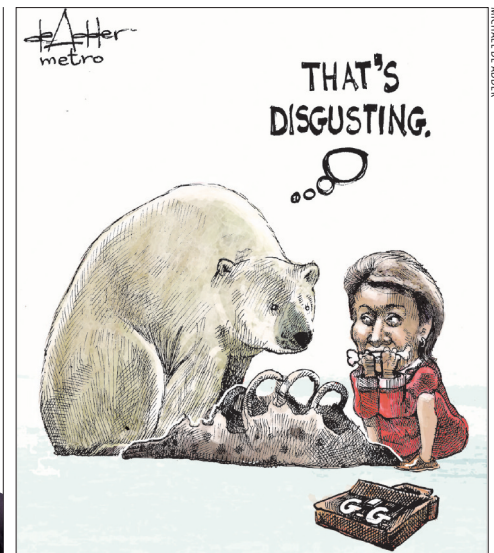
A: I don't think so. A person is a person — I think it should be the same.



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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Canseco clobbered
Former baseball slugger Jose Canseco didn't last long in his debut in mixed martial arts. Canseco was stopped by super-heavyweight Hong Man Choi just one minute 17 seconds into the first round at Yokohama Arena in Yokohama, Japan. **METRO NEWS SERVICES**

Sports



Wozniak advances

Aleksandra Wozniak, left, of Blainville, Que., won her opening French Open match at Roland Garros yesterday, needing three sets to defeat Monica Niculescu of Romania 6-4, 4-6, 6-3. The 24th seeded Wozniak is the first Quebecer to ever be seeded at the Open. She's scheduled to play her second round match tomorrow against Petra Martić.

METRO NEWS SERVICES

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Tyson's 4-year-old daughter dies after accident

TRAGEDY The 4-year-old daughter of former heavyweight boxing champion Mike Tyson has died, a day after being found with cord tied around her neck in an apparent accident at her home, Phoenix police said yesterday.

Media reports said Exodus Tyson was playing near some exercise equipment when she accidentally got tangled in a cord or rope hanging from a treadmill on Monday. She was taken to a Phoenix hospital in critical condition.

Police said the incident appeared to be an accident. The girl was home with her mother when the incident occurred Monday.

REUTERS

Pens complete sweep

Stanley Cup
2009 Playoffs
(Pittsburgh wins series 4-0)
Pittsburgh 4 Carolina 1



Maxime Talbot registered a goal and two assists, as Pittsburgh swept the Hurricanes and captured its second straight Eastern Conference crown with a 4-1 win at RBC Center.

Ruslan Fedotenko, Bill Guerin and Craig Adams also scored for the Penguins, who are the first team to reach the Stanley Cup finals in consecutive years since New Jersey accomplished the feat in



Pittsburgh's Sidney Crosby battles for the puck against Carolina's Sergei Samsonov, left, during Game 4 of the Eastern Conference Finals yesterday in Raleigh, N.C.

2000 and 2001.

Sidney Crosby collected two helpers, while Marc Andre Fleury was strong between the pipes, making 30 saves in the win.

Detroit subdued Pitts-

burgh in six games to celebrate their 11th title in team history a year ago.

A rematch is seemingly in the works with the Red Wings holding a 3-1 series lead over Chicago

in the West finals.

The last club to hoist the Cup the year after losing in the finals was the 1984 Edmonton Oilers.

METRO NEWS SERVICES

Sports in brief

NHL hirings The Edmonton Oilers named former NHL defenceman and long-time bench boss Pat Quinn as the club's head coach yesterday, adding former Rangers head man Tom Renney as an associate coach.

SAD LOSS Former NHL centreman Peter Zedel died yesterday at the age of 44. He was reportedly struggling with a serious blood disease called hemolytic anemia.

MLB Jason Berken had a solid major league debut, tossing five innings to guide the Baltimore Orioles past Toronto, 7-2, sending the Jays to their eighth straight defeat. Ricky Romero gave up five runs over 5-1/3 innings to take the loss.

METRO NEWS SERVICES

For a recap of last night's NBA playoff action, visit:
metronews.ca/sports



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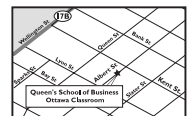


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In the coming weeks Metro's Workology section will be setting its sights on the health industry and all jobs and careers therein. So be sure to read Workology and Metronews.ca/work for the special Head to Toe series.

Workology



Musical winners

Alexander Seredenko and Samuel Deason, two students of The Royal Conservatory's Glenn Gould School, in Toronto, won prizes at The Toronto Symphony Orchestra National Piano Competition, held at The Royal Conservatory last weekend. This prestigious piano competition is a biennial event and attracts Canada's finest young pianists between the ages of 16 and 25.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

A light in the darkest corners

Head to Toe

JON TATTRIE
for Metro Canada



Most doctors have no trouble finding patients: they just go to the waiting room. But for doctors who have chosen to work with troubled, vulnerable people, even reaching their patients can be extremely difficult.

Dr. Julio Montaner, director of the B.C. Centre for Excellence, is one of the world's leading HIV-AIDS experts. Part of his work includes combating the disease in Vancouver's impoverished Downtown East-

side. He says people on the streets have seemingly bigger problems than treating HIV.

Finding food, shelter, staying safe, dealing with mental-health problems and getting the next hit all take precedence over an invisible infection that hurts little in the early stages.

"They need places they can get services that are the number one priority for them, so that eventually ... you can start addressing other issues. I always say, 'HIV is my priority, but it is not your priority,'" Montaner explains.

"The number one priority is to help these people live a better life. The second priority is to stop the stigma and discrimination that makes it so difficult to



"(Not treating people with HIV) is not only unethical, but it's actually stupid. It's more expensive not to do it," says Dr. Julio Montaner.

work with these individuals."

Part of that is decriminalizing drug use, he argues. "We can't continue to try to help these people because they have a drug problem and on the other

and the medicinal use of heroin can help, too, he says.

"If we can give people the opportunity to engage in HIV treatment, these become life saving for them," he says.

The treatment also vastly lowers the presence of the disease in the body, meaning it is much less likely they will transmit the disease. "Unless we do that, we are not going to be able to control the epidemic."

But many street people don't get treatment, meaning they get sick and die after being infected for many high-risk years. Montaner calls it a "reservoir of highly infectious cases that is not controlled."

"People are telling us that treatment for HIV is

expensive; we're saying not to bring treatment to these people ... is not only unethical, but it's actually stupid. It's more expensive not to do it."

For more of the Head to Toe exclusive series check Workology frequently or stop by: metronews.ca/work

WorkplaceLaw

Daniel Lublin



Daniel Lublin discusses how judges make human decisions too in this week's column. Metronews.ca/workplacelaw



How do I work for the police?

By making this team my own

Jason Mallett

Former pro football player
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Metro Workology exclusive: Head to Toe

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Straighten up to good health

Head to Toe

BRIAN COULTON
for Metro Canada



Melvine Baird didn't consult a school counsellor or attend a job fair to find her career calling. Instead, the Torontonians turned her youthful pain into her adult profession.

"I had quite severe back problems when I was younger, to the extent that they were considering orthopedic surgery," said 32-year-old Baird.

"I started seeing a chiropractor, which completely negated the need for surgery and it took away the majority of my pain and disability."

So satisfied was Baird with how chiropractic care alleviated her affliction that she opted to enter the profession herself. Already with an undergraduate psychology degree in hand, she enrolled in Toronto's Canadian Memo-

"Basically, anywhere where there's joints involved, a chiropractor can be quite helpful."

Chiropractor
Melvine Baird

rial Chiropractic College. Today, she operates her own chiropractic practice at the Yorkville Centre for Integrated Health.

In a chiropractor's line of work, Baird said practitioners are concerned with the body's neuromusculoskeletal system, which consists of nerves, muscles and bones, in relation to how the spine and central nervous system are functioning.

"Everything in your body is controlled through your brain and spinal cord. That spinal cord is housed in your spine. So, your spine is like the highway for your central nervous system," she said.

"What chiropractic care does is works to ensure that your nervous system



Having her own back problems alleviated by a chiropractor prompted Melvine Baird to become one herself.

is functioning properly. That will promote the health and wellness of the rest of your body."

So, for problems from lower back pain and carpal tunnel syndrome to headaches and jaw problems, Baird said chiropractic care can provide effective treatment.

"Basically, anywhere where there's joints involved, a chiropractor can be quite helpful."

Chiropractors don't have the ability to issue medical prescriptions like other doctors, said Baird, but instead use their hands and

sometimes technologies like ultrasound and low-level laser therapy to apply treatment.

"There are hundreds of chiropractic techniques out there," she said, "but ultimately, we're all doing the same thing. Just how you get there might be a little bit different."

To become a chiropractor in Canada, prospective students may attend one of two schools in the country that offer registered chiropractic programs — the Toronto-based Canadian Memorial Chiropractic College or the Université du Québec à Trois-Rivières.

According to the Canadian Chiropractic Association, students must complete at least three years of university to be eligible for entry to the four-year program at the CMCC, or a CÉGEP health science program before enrolling in UQTR's five-year program.

For more of the Head to Toe exclusive series check Workology frequently or stop by: metronews.ca/work

Meetings not necessary?

SURVEY Professionals should think twice before scheduling that next meeting, a survey suggests. Managers interviewed said 28 per cent of these gatherings are a waste of time. Moreover, almost half of respondents (45 per cent) felt employees would be more productive if their company banned meetings one day a week.

In the OfficeTeam survey executives were asked, "What percentage of meetings do you feel are unnecessary?"

Executives also were asked, "How much more or less productive do you believe your employees would be if your company banned meetings one day a week?"

"Businesses are operating with lean teams, which implies more people are stretched for time," said Robert Hosking, executive director of OfficeTeam.

"Sometimes meetings outlive their original purpose, so professionals should carefully consider whether one is warranted or if there's a more efficient way to share the information."

METRO NEWS SERVICES

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Nicole Richie and her Good Charlotte boyfriend Joel Madden are going greener with their new diesel SUV, a Mercedes-Benz BlueTEC SUV. **METRO WORLD NEWS**

Metro Drive



Top tires

Michelin Tires has topped the luxury, passenger car, and truck/utility segments, while Goodyear has aced the performance sport segment, according to a new study by J.D. Power and Associates.

METRO NEWS SERVICES

EDITOR: KUMAR SAHA. KUMAR.SAHA@METRONEWS.CA

Camaro comeback

LORNE DRURY
for Metro Canada



2010 Chevv Camaro



These are trying times for the folks at General Motors.

So it was nice to see some smiles on the faces of Chevrolet executives as they recently introduced the long-awaited 2010 Camaro to assembled members of the media on the outskirts of the Motor City.

Blog sites and forums have been filled with chat about the new Camaro. And before production had even begun, Chevy had pre-sold 14,000 units and had more than 15.5 million Camaro hits on its website.

The Camaro is available with both V6 and V8 engines combined with either six-speed automatic or manual transmissions.

And best of all, fuel economy is decent for a performance car, delivering an estimated 6.9L/100 km (41 mpg) highway with the

peppy 304 hp 3.6-litre V6 engine.

True to its heritage, the Camaro is also offered in SS trim with a powerful 400 hp (426 hp with the manual transmission) 6.2-litre V8. Prices start at \$26,995 for the V6 LS model and \$36,995 for the SS.

Built on GM's new rear-wheel drive Zeta platform like the Pontiac G8, the Camaro draws its styling lines from the iconic '69 first-generation model while at the same time offering modern-day features such as independent rear suspension, six standard

air bags and even a cylinder de-activation system in the V8 automatic that helps save on fuel.

Does the modern, sharper styling work with the Camaro?

Well the buying public will be the judge and during our half-day ride and drive just outside Detroit, the Camaro sure attracted attention. Heads turned, camera phones were pointed our way and even the local constabulary came out in one small town to take a close-up look along with a number of locals. The car is an attention-getter, no

2010 Chevy Camaro

Type: Sports coupe
Price: \$26,995 to \$40,995
Engine: 3.6-litre direct injected V6 (304 hp, 273 lb/ft) with manual or automatic transmissions; 6.2-litre 16 valve OHV V8 (426 hp, 420 lb/ft manual or 400 hp, 410 lb/ft automatic)

Highlights

- Great muscle car appeal, especially from the rear
- Decent fuel economy

doubt.

Styling wise, I prefer the Dodge Challenger, but the Camaro gets the nod for its better road manners.

The Camaro is particularly striking from a rear view, with a muscular look thanks to the wide haunches. All versions get dual exhausts, adding to the muscle car appeal.

All in all, an exciting new car that is expected to draw increased traffic to GM showrooms.

Insight into green heart of Canada

MARK ATKINSON
for Metro Canada



Sunny Side

It's rare when an automaker launches a car so in tune with the market's demand for cleaner rides. It's rarer still when the automaker's official launch pays little attention to the product itself, especially in these tough economic times, and more on Canadians and their bid to live greener and healthier. That's the case for Honda and its reincarnated gasoline-electric hybrid, the 2010 Insight.

The Japanese carmaker recently organized a cross-Canada tour, Insight Into Canada, with the first new model to hit our shores. The unique road trip from Victoria, B.C., to St. John's, Nfld. drew attention to not only Insight's excellent fuel-efficiency and small carbon footprint, but also on eco-friendly projects, large and small, that corporations and everyday Canadians are working on today — a green car connecting with green communities.

In Ontario, the Insight entourage explored environmentally conscious building solutions at the Earth Rangers' headquarters in Maple. The group is dedicated to not only educating children about ener-

gy and water conservation, but also make them understand the importance of local ecology.

"We want to be Terry Fox for the environment," said Peter Kendall, Earth Rangers' executive director. "We're trying to teach the kids that it's not just about planting trees. It's about full habitat restoration."

It's fitting that the Rangers' ultra-efficient headquarters, which uses off-the-grid technologies like flush toilets, solar power and geothermal heating, also houses the Canada Green Building Council, which helps shape future building efficiency standards using the Leadership in Energy and Environmental Design (LEED) rating system. In fact, Honda Canada is incorporating many LEED initiatives into its upcoming corporate headquarters in Markham, Ont.

The Insight team witnessed similar initiatives across Canada, including a community garden in Castlegar, B.C. Run by Betty Offin, Sandi McCreight and Diana Lunde, the city-donated patch of green allows residents to grow their own vegetables anytime they want.



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AutoPilot

Michael Goetz

Read this week's column at metronews.ca/autopilot

2go CUSTOM KITCHENS

A modern kitchen featuring a large island with a speckled granite countertop. The island has a stainless steel sink and a cooktop. The cabinetry is dark wood or laminate. In the background, there are stainless steel appliances, including a refrigerator and an oven.

A white storage cabinet with its doors open, revealing interior shelves and drawers. The shelves are filled with various colorful items, possibly toys or kitchenware.

A kitchen island with a wooden countertop and a stainless steel sink. Two wooden stools are tucked under the island. The background shows a kitchen with white cabinetry and a window.

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A traditional kitchen with dark wood cabinetry and a granite countertop. The island has a stainless steel sink and a cooktop. The background shows a kitchen with white cabinetry and a window.

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Official opening

Canadians visiting the Dominican Republic can now access a new office of the Embassy of Canada in Punta Cana for help with consular services. About 450,000 Canadians visit the Punta Cana-Bavaro region each year, and a number of Canadians settle in Punta Cana to live. **METRO NEWS SERVICES**

13

Travel

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Where's the lounge?

Priority Pass, a worldwide independent airport lounge program, has launched a new iPhone application to let users to search its database of over 600 airport lounges. Travellers at airports can request details of the closest lounge, and then locate it using GPS. The application, Priority Pass Lounge Finder, is available on the iTunes App Store. Travellers with mobile Internet access from other phones can visit prioritypass.com/mobile to search for lounges by entering an airport code. **METRO NEWS SERVICES**

Journeying to the Lost World

Venezuela's billion-year-old tepuys are epic

DOMINIC HAMILTON
for Metro Canada



Waterfalls are popular places. There's something about them that makes people gush with torrents of praise and wonder. You have honeymooners' Niagara, of course, Africa's Victoria Falls and the likes of Iguazu on the Brazil-Argentina border.

But although these are worthy of praise, the falls which tower above them all is the loftily titled Angel Falls, in deepest, darkest Venezuela.

Angel Falls is massive. It's so tall its waters separate into a million dancing droplets by the time they reach the forest canopy below, where rainbows arc at its feet. It's the height of sixteen Niaragas piled atop one another: A near-kilometre of free-falling water.

The falls vault from a canyon that prides open the vertical cliffs Auyan Tepuy, or Auyan Moun-

tain. Auyan, the largest of the unique mesa mountain tepuys of the ancient Guyana Shield, rises 2,510 metres (8,233 ft) in south-eastern Venezuela. The entire region is protected by the jewel in Venezuela's already shining crown of national parks, Canaima National Park — one of the world's largest.

Arthur Conan Doyle based his adventure yarn, The Lost World, on reports by Victorian explorers to the region. It was widely believed that life on top of the mesa mountains, isolated from the world, could have been suspended in its evolutionary development. The possibility of dinosaurs still existing

on the mountains has fired the imagination of every visitor since then.

Although no dinosaurs have been found to date, the summits of the mountains do harbour some fascinating creatures, most of them found on one mountain, and nowhere else.

Our "modern" age has been no less susceptible to the magic and mystique of this remote region. Rumours of UFO activity abound, and the indigenous Pemón Indians still maintain the mountains are home to mischievous spirits.

Read more on [page 14](#) »

Drawing on nature

• The new Disney 3-D animated film, *Up*, which is to be released on Friday, is about the journey of a lifetime (via a house tied to thousands of balloons) to Venezuela's mystical formations known as tepuys, and to a fictional wa-

terfall called Paradise Falls, which is based on Angel Falls. A Disney production team actually made the arduous journey to the tepuys in order to capture the prehistoric and otherworldly ambience of the area.



The flat top of Mount Roirama, another tepuy, rises above a bank of clouds.

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TripAtlas.com's list of non-typical dream honeymoon destinations include Marrakech; Kauai; the Austrian countryside; lesser-known Bahamas islands such as Long Island, Eleuthera and Exumas; Buenos Aires; Puerto Vallarta; and Fiji's Turtle Island. **METRO NEWS SERVICES**



A panoramic view of Angel Falls, named after the adventurous Canadian pilot Jimmie Angel, and Ayuan Tepuy, a flat-topped formation akin to a mesa.

>> Continued from page 13

Perhaps it would be more poetic if the name Angel Falls derived from a miraculous saintly figure that once appeared to an Indian, or echoed the shape of its white plume cascading down from the heavens.

The truth, however, is far more entertaining, and, in a land rich in gold and diamonds, far more appropriate.

It's named after a maverick bush pilot called Jimmie Angel, a Canadian Air Force pilot of the First World War with a penchant for red-heads, and a passion for gold.

In 1921, Angel was contracted to fly to one of the Guyana Shield's mountains, called tepuys by the Pemon. He landed his plane atop one of them, where his contractor proceeded to pan a river, and fill a sack, so the story goes, full of gold nuggets. So many, in fact, Angel feared they wouldn't be able to take off again with the extra weight. As they nosed off the mountain, the plane plunged thousands of feet before Angel managed to level out.

So began Angel's obses-

sion with the River of Gold, taking his place in the long line of adventurers who have raked the region in search of El Dorado. Over the following years, he persuaded various backers to fund his trips in search of "his" mountain. He never found it. But in 1933, Angel returned from a trip very excited. This time it wasn't a river, gold, a tepuy or even a red-head that had caught his imagination, but a waterfall. He claimed to have

sighted surely the tallest in the world. "A waterfall a mile high," he claimed.

"The most rewarding way to visit is to stay overnight slung in a hammock, and climb to the lookout beneath the falls at the crack of dawn."

Tell us another tall story, retorted the other regulars at the bar.

On a flight in 1937, An-

gel attempted to land on the surface of the Ayuan mountain. His small plane stuck in a bog. He and his party, which included his wife, were forced to find a way down. They eventually made it to a nearby mission 11 days later — somewhat slimmer. This time though, they all got a good look at the falls, and Jimmie's story didn't look so tall after all.

Today, you can see Angel's rescued plane at the airport in Ciudad Bolívar, a city on the banks of the Orinoco. And you can fol-

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low Angel's flight path in a small Cessna right past the falls as it cascades off the intimidating Ayuan mountain. But the best way to truly appreciate the grandeur of the falls is to take a boat trip to its base. River-depth permitting, motorized dugout canoes piloted by local Pemon make the trip up from the idyllic shores of Canaima Lagoon.

You can do the trip in a

day, but the most rewarding way to visit is to stay overnight slung in a hammock, and climb to the lookout beneath the falls at the crack of dawn. Then, as the sun's rays rise from the east, they slowly edge their way down the mountain's cathedral façade, bathing the falls in pure golden light. It's just as well Angel's surname wasn't Smith.



Venezuela's Angel Falls, the world's highest waterfall, and Ayuan Tepuy.

Good to know

Getting to Angel Falls

- The village of Canaima, gateway to Angel Falls, is at the north-western edge of Canaima National Park, north-west of Ayuan Tepuy. Canaima may be touristy by many standards, and the original Hortur-versa camp's architecture somewhat disappointing, but the overall effect is magical.
- The alternative is to begin your trip in either Kavak (visiting the mysterious canyon) or Kamarata. From the latter, you take a dugout, passing Angel Falls and ending in Canaima.

When to go

- You can only travel by dugout up the Rio Churún in the rainy season, which runs from April-May to late November. However, trips might be possible on the fringes of these months as well — though you might have to get out of your boat more often! At other times, the only way to see the falls is by plane.

More information

- angel-ecotours.com
- venezuelavoyage.com
- thelostworld.org
- lastrefuge.co.uk

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No go

A planned code-share partnership between low-cost carriers WestJet Airlines Ltd. and Southwest Airlines Co. will be delayed because of a sharp slowdown in air travel, WestJet has announced. The program would have seen the two airlines selling seats on each other's flights. **REUTERS**

travel 15

Goodbye Vegas, hello Macau

The world economy may be slumping, but don't tell that to Macau — the former Portuguese colony is set to trump Las Vegas heading out of the worst global downturn since the Great Depression.

In the smoke-filled gambling halls of Macau's MGM Mirage casino, hundreds of Chinese gamblers were crammed around tables flipping cards, playing roulette and rolling dice on a recent day, seemingly unaffected by the slowdown.

The ace up the sleeve of Macau, the world's biggest gambling market — and a day trip from Hong Kong — is this steady influx of risk-loving Chinese flocking to the only place in China where casinos are legal. Las Vegas, on the other hand, is saddled with a stagnant U.S. economy and glut of new casinos preparing to enter the market.

"We've seen better-than-expected performance in the overall gaming market of Macau," said Credit Suisse analyst Gabriel Chan. "Vegas is still suffering and



Casino cleaning staff work in a garden in front of a billboard displaying slot machines in Macau.

will take a longer time to recover, but in Macau, we are beginning to see the light at the end of the tunnel."

Macau, a special administrative region that is now under Chinese rule, will be more resilient than Las Vegas thanks to its proximity to China, which is propping up its economy with a massive \$586 billion US stimulus package to offset a big drop in exports, analysts said.

Despite recent declines, Macau's gaming revenue is

likely to return to a growth track by September and post a 6.2 per cent rise in 2010, BNP Paribas forecasts. Las Vegas revenues are likely to remain depressed next year as operators have to contend with a stream of new casino openings. "There will be a fairly dramatic increase in supply over the next couple of years ... at a time when Las Vegas is struggling to fill the rooms that it has right now," said Susquehanna Financial analyst Robert LaFleu.

Luxury projects such as MGM Mirage's massive CityCenter will start opening later this year, increasing by more than 10 per cent the number of hotel rooms along the Vegas gambling corridor.

So far, Macau casinos — which mostly rely on day-trippers who arrive by ferry from Hong Kong or by road from mainland China — have largely avoided the deep discounts that are eroding profits for Las Vegas's operators, analysts said. **REUTERS**

Taiwan pedals ahead with bike tours

GREEN TRAVEL Taiwan is rolling out Asia's first comprehensive bicycle tourism plan, including rentals, special railway cars and guides for rides down the rugged coastline or up the

island's steep central mountains. The tourism package lets cyclists rent bikes in one place and drop them off in another along the tropical, sparsely populated east coast. **REUTERS**

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Airfares

VARADERO \$115*

Travel Jun 6 - Jun 14/wg + taxes & fees \$240

Punta Cana \$155*

Travel Jun 4 - Jun 11/wg + taxes & fees \$330

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INCLUDES roundtrip airfare to Tampa Bay, 5-day Carnival cruise visiting Grand Cayman & Cozumel and 3 nights 3-star accom at Holiday Inn SunSpree Resort in St Petersburg. Port charges included. Travel Sep 21 - Sep 29/ggv/aa.

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Island Princess + taxes & fees \$174
INCLUDES airfare to Vancouver, 2-day Princess cruise from Vancouver to San Francisco in an oceanview cabin, airfare to Las Vegas, 3 nights 3-star accom at Circus Circus on The Strip and return airfare to Toronto. Port charges included. Travel Sep 14 - 19/ggv/wv.

South America \$995

Norwegian Sun + taxes & fees \$260
INCLUDES 14-day Norwegian cruise, onboard meals & entertainment. Sail from Buenos Aires to Valparaiso Chile and visit Montevideo, Puerto Madryn, Port Stanley Falkland Islands, Ushuaia, Punta Arenas, Puerto Chacabuco and Puerto Montt. Also cruise the Cape Horn, Beagle Channel (Glacier cruising), Strait of Magellan, Chilean Fjords, Patagonian Channels and Canal Moreleta. Port charges included. Sails Dec 6, 2009.

Holidays

LAS VEGAS \$342

Treasure Island + taxes & fees \$139
INCLUDES roundtrip airfare and 4 nights 4.5-star accom on the Las Vegas Strip. Departs Jul 20/wsv/wv.

Miami Golf & Spa \$569

Doral Golf Resort & Spa + taxes & fees \$103
INCLUDES roundtrip airfare and 3 nights 4-star accom. Departs Thursdays in July/ggv/aa. Enquire about extensions.

Vancouver Weekend \$579

Moda Hotel Downtown Vancouver + taxes & fees \$143
INCLUDES roundtrip airfare and 3 nights 3-star boutique accom in the heart of Vancouver. Departs Jun 26/ggv/wv.

Adventure Tours

Costa Rica \$799

Costa Rica Volcanoes & Surf + local payment USD200
INCLUDES all accom, transportation, some meals, tour leader, local guides & surf instructors on this 9-day small group tour. **HIGHLIGHTS** San José, Arenal Volcano, Monteverde Cloud Forest and Ziplite Surf Camp. Various departures in Jun/gap.

Greek Islands Sailing \$899

Mykonos to Santorini + local payment EUR200
INCLUDES 8 days aboard a 50-foot yacht, snorkelling equipment, skipper and captain on this sailing adventure of the Greek Islands. Explore ancient archaeological sites, taverna-lined harbours and dine on fresh seafood. Various departures Aug - Sep/gap.

Sun Holidays

VARADERO 4-STAR \$365*

Tuxpan Hotel + taxes & fees \$240
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs May 31/swg/wg.

Cancun 4-Star \$375*

Oasis Cancun + taxes & fees \$290
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Jun 3/swg/wg.

Panama 4-Star \$392*

Royal Decameron + taxes & fees \$208
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Jun 15/nol/c6. **UPGRADE** to oceanview accom from \$10 per night.

Punta Cana 4-Star \$405*

Grand Oasis Bavao + taxes & fees \$330
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Jun 4/swg/wg.

Cayo Coco 4-Star \$496

Oasis Playa CoCo + taxes & fees \$229
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Jun 13/acv/ac.

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Natalie Cole has been discharged from the hospital five days after undergoing a kidney transplant. Cole headed home on Sunday to continue her recovery, her rep confirms to People. **METRO NEWS SERVICES**

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

Going Gaga for the MuchMusic awards

BRIAN COULTON
for Metro Canada

The streets will shut down, the stars will come out, and this year, the MuchMusic Video Awards will go Gaga.

Sexy electronic dance star Lady Gaga is the latest performer to be added to the 2009 MMVAs roster. The outdoor show, that annually packs fans outside the MuchMusic headquarters in Toronto, takes place on June 21.

That's when Gaga will join previously announced co-hosting act the Jonas Brothers, who will also take the stage to perform.

"I'm so excited," said



Gaga on the phone from Australia. "I love awards shows, especially for music television. I'm planning the performance already, and I can't wait to do something amazing."



Lady Gaga

While the full slate of nominees for the show has yet to be released, the UR FAVE peoples' choice contenders were announced last week. Gaga finds herself vying against Britney Spears, Jonas Brothers, Katy Perry and Lil Wayne in the UR FAVE International Video category for her single Poker Face.

"I don't know how I will fare, but truthfully, I would rather perform on the stage than win... I'm just really happy to be there."

Big screen benders

Alcohol can make for intoxicating entertainment on film

STEVE GOW
for Metro Canada

From silent-era films earning laughs at the antics of liquored-up louts, to sobering award-winning portrayals of addiction in movies like The Lost Weekend and Leaving Las Vegas, alcohol has always made for intoxicating entertainment in Hollywood.

Now, with the unavoidable hype building around The Hangover (in theatres June 5), alcohol may once again come to the forefront leaving the Las Vegas-set comedy with a lot of admirers. However, in spite of all the laughs in this



In The Hangover a trio of stag-party pals search for a lost groom.

knee-slapper about a trio of stag-party pals searching for their lost, besotted groom, a question is being raised — are films featuring alcohol-use doing more harm than good? There's a movement that thinks so.

In fact, a recent survey by Dartmouth Medical School in New Hampshire has found that almost 42 per cent of parents agreed that the appearance of alcohol consumption should warrant a movie the dreaded "R" rating.

While concerned guardians don't have to worry about The Hangover

(although it's American R, rating varies province to province in Canada), the comedy was not likely branded that in the U.S. because of scenes involving booze.

Surprisingly, the Motion Picture Association of America (which rates movies) doesn't reportedly take alcohol into account among its rating factors.

Perhaps more surprising was the fact that parents in the study seemed more concerned about alcohol consumption than smoking on film despite past research linking the risk of teen

Series saver

Christina Applegate has become the latest celebrity to launch a campaign to save their TV show — she is urging fans to sign a petition for her axed series Samantha who? **FEMALEFIRST.CO.UK**

Movie feature

smoking to the cinema.

According to lead author Meghan Longacre, that attitude may reflect "a greater concern with the negative consequences of teen drinking that may seem more immediate and dire to parents, such as drinking and driving, compared to the longer-term health consequences of smoking."

While nobody is saying The Hangover should be avoided, it's important to note it is entertainment that's intended for older audiences. Still, there's no denying the film contains the kind of humour that will inevitably appeal to younger audiences and critics say that is what rating boards should be wary of.

Regardless, alcohol-use on film is still mostly portrayed as a weakness or warning so no matter how much fun audiences have watching The Hangover, the message will still inevitably be the same — drink too much and you might lose friends.

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. **VOLUNTEERS MUST BE EMPLOYED AND NOT RECEIVED VENLAFAXINE OR EFFEXOR (XR) IN THE PAST YEAR.** Treatment duration is approximately 12 weeks and includes a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.



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	YES	NO
I am feeling sad and depressed.	■	■
I am having difficult sleeping.	■	■
I am feeling low in energy and slowed down.	■	■
My appetite has changed.	■	■
I am experiencing feelings of guilt.	■	■
I have lost interest in work and pleasurable activities.	■	■
I feel hopeless about the future.	■	■
I feel tense and anxious.	■	■
I am having difficulty making decisions.	■	■
I am having trouble concentrating.	■	■

Glastonbury returns to its roots

MUSIC Glastonbury, the world's largest green field arts and music festival has shied away from rap and chosen Neil Young, Bruce Springsteen and Blur as its headline acts this year, a return to its roots.

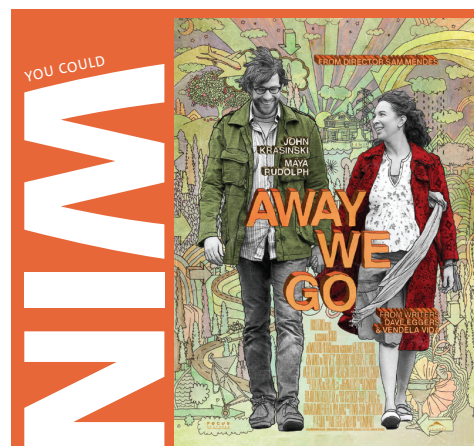


Springsteen

Jay-Z headlined the British music festival last year in an effort to attract a younger crowd but ticket sales dragged, and although the rapper was judged a success, some criticized the organizers for abandoning the festival's origins.

This year, old favourites dominate with Tom Jones, and Madness playing the main stage and hip-hop artists Q-Tip and Black Eyed Peas relegated to the smaller areas.

REUTERS



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Buffy is back!

A remake of 1992's Buffy the Vampire Slayer is headed to the big screen. **METRO NEWS SERVICES**

entertainment 17

No regrets for young mom

BRIAN COULTON
for Metro Canada

When Canada's Next Top Model host Jay Manuel greeted 20 women in Toronto on the show's third season premiere last night, the model wannabes knew there must be more people present than positions on the show.

Manuel called nine women to stand beside him, causing those remaining to quiver. But they were really being duped. The women he called were already real models — his joking way of welcoming the competitors while still inciting a little bit of fear.

It was also when the fun and games stopped.

The new batch of models-in-training were thrown right into their first competition — a photo shoot with photographer Nigel Barker, also a judge on America's Next Top Model. The girls posed in wild 1980s fashions, alongside complementing wild animals. But the shoot was too savage for Penticton, B.C.'s Alexandra McCallum, who



Tiffany MacDonald

dropped out early due to sustained hip pain from a recent auto accident.

The shoot's fierce flavour was also an unlucky introduction for 23-year-old Tiffany MacDonald of Toronto, criticized by the judges for her shyness and lack of projected confidence. Unable to deliver the demeanour sought by the judges, she was the first to be sent home.

"Obviously you don't want to be the first one kicked off," said MacDonald. "I felt maybe the judges misunderstood my presence there — that they questioned how bad I wanted it ... I definitely

wanted it bad enough."

MacDonald said she was surprised a judging even took place that week, given McCallum's premature departure. And given a free pass to stick around, she said she would have conformed to the criticism she received. "I know I would have rocked the next photo shoot. I've never had any type of modeling experience before, so I would have taken all criticism and just rolled with it."

One point of contention she couldn't control was her then eight-month-old son she left at home to pursue the Top Model title, which judge Jeanne Beker raised as a concern.

"Yes, I'm a mom. So what?" MacDonald said. "I don't think it was a fair judgment to hold against me."

But MacDonald holds no grudges. She'll continue to pursue modeling, she said, and left the show regret-free. "I definitely took away friendship, criticism that I could definitely apply in my daily life and an experience of a lifetime — something I will never regret, no matter how it panned out for me."

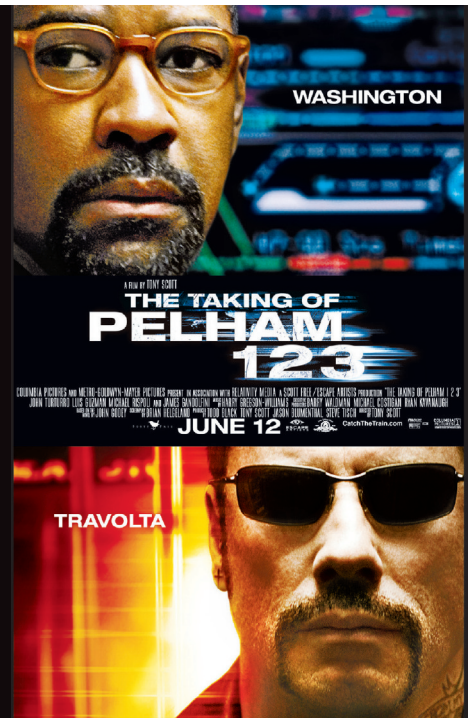
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IN THEATRES JUNE 12TH

In brief

SERIES The social-networking and micro-blogging service Twitter is developing the first TV series that incorporates Twitter into the action of the show. The untitled show will feature ordinary people competing while on the trail of celebrities. **REUTERS**

REMAKE Disney is readying a relaunch of the 1986 sci-fi adventure movie Flight of the Navigator. **REUTERS**

Kenya's Style

Kenya Hunt

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metronews.ca/kenyasstyle

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OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/27/09	265	353	2	TVO	Lemur Street	Lemur Street	The Agenda With Steve Paikin	New Tricks		Dolce Vita Africana (N)	Agenda-Paikin	
	211	331	3	GTU	ET Canada	Entertainment	Wipeout (N)	(9:01) In Plain Sight		(10:01) The Unusuals	News	
	-	5	SRC	Des squelettes	L'Épicerie	La Petite Séduction (N) (SC)	Bons baisers de France (SC)			Le Téléjournal et Les Nou	Soccer	
	290	342	6	CHRO	The Road to Avonlea	Castle	Law & Order: SVU	Law & Order: SVU		Law & Order (HDTV)	Comedy Now	
	196	311	7	CTV	Hollywood	etalk	So You Think You Can Dance Auditions continue. (N)			Criminal Minds (HDTV)	News (N)	
	208	303	8	CBC	22 Minutes	NHL Hockey: Western Conference Final Game 5 -- Blackhawks at Red Wings	Law & Order: SVU	Law & Order: SVU		CBC News: The National	The Hour	
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Law & Order: Criminal Intent	Law & Order: SVU		Law & Order (HDTV)	News (N)	
	117	713	10	TVA	Poule-oeufs or	Histoires-filles	Collection "Plage" (N) (SC)	Nos étés (SC)		TVA 22 heures Sucré-salé	Mélissa P.	
	-	11	QS	Loft Story	La Maison de	Le Mur "Hole in the Wall"	Drôle et sexy	Californication		(10:03) Cent dix pour cent	Loft Story	
	137	763	12	TFO	Panorama	Carnets d'expédition	George Strait: ACM Artist of the Decade All Star Concert (N)	La Malédiction (2006, Drame) Adriano Luz		Criminal Minds (HDTV)	Two-Half Men	
	-	362	13	CBS	Dr. Phil (HDTV)	News (N)	Friends	Friends		Two-Half Men	King	
	216	395	14	OMN2	Raymond	Raymond	Friends	Friends		Goode Family	Surviving Sub.	
	214	344	15	CITY	Law & Order: SVU	News (N)	Friends	Friends		Goode Family	Surviving Sub.	
	115	343	16	CFMT	2Half Men	The Simpsons	News (N)	News (N)		Vivere II	News (N)	
	218	345	18	EI	The Insider (N)	EI News	Psych (N)	Psych (N)		D. Richards	Kendra	
	-	361	20	ABC	News (N)	Entertainment	Wipeout (N)	Goode Family		Surviving Sub.		
	512	396	24	CPAC	La Période de questions	Heure polittique	Heure polittique	Heure polittique		100 Huntley Street	Life Today	
	651	355	25	CTS	Happy Days	Laverne	Michael Coren Show	100 Huntley Street		Life Today	This Is Day	
	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance Auditions continue. (N)			News (N)		
	-	64	PBS	Business Rpt.	From the Top	Great Performances (N)	American Masters "Hollywood Chinese"			Parks	Charlie Rose	
	205	312	104	CTV	Hollywood	etalk	So You Think You Can Dance Auditions continue. (N)			Criminal Minds (HDTV)	News (N)	
	500	500	33	CNN	Lou Dobbs Tonight	Campbell Brown: No Bias	Larry King Live (N)			CBC News: The National	Anderson Cooper 360 (HDTV)	
	406	417	27	net	MLB Baseball Florida Marlins at Philadelphia Phillies. From Citizens Bank Park in Philadelphia.	Grands reportages (SC)	Le Téléjournal (SC)			Sportsnet Con.	Soccer: Canadian Champ.	
	128	730	28	RDI	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)			RDI en direct	Le National	
	400	280	30	TSN	That's Hockey	UEFA Champions League Soccer: Final	NBA Basketball: Western Conference Final Game 5 -- Nuggets at Lakers				Le Téléjournal	
	410	403	52	SCR	RaceNight	Score Tonight	Score Tonight			Score Tonight	Hockey Talk	
	411	457	56	OLN	Bounty Hunter	Bounty Hunter	Departures "Cambodia"	Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Departures
	417	406	59	SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pinks	Wrecked	Wrecked	Pimp My Ride
	554	544	58	TEL	Totally Spies	Total Drama	6TEEN	Futurama	Futurama	Robot Chicken	Father of Pride	Moral Ore
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Cody in House	Cody & Cody
	551	542	65	YTV	In Real Life (N)	Malcolm-Mid.	Malcolm-Mid.	Futurama	Survive This	Adrenaline Proj	Falcon Beach	Mystery Hnt.
	570	580	29	MM	The Daily Fix	Ranked!	Behind the Music	Behind the Music		Entourage	Gene Simmons	The Daily Fix
	615	520	31	A&E	Dog the Bounty Hunter	Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter		Tattoo High.	Tattoo High.	Bounty Hunter
	628	584	32	SPKE	CSI: Crime Scene Investgn.	CSI: Crime Scene Investgn.	CSI: Crime Scene Investgn.	Deadliest Warrior (HDTV)		The Ultimate Fighter (N)	4th and Long	
	521	560	34	TLC	My Shocking Story: Half Man	My Shocking Story	My Shocking Story	Mystery Diagnosis		My First Home	My First Home	Shocking Story
	145	761	35	TVS	Montre-moi	Mixeur	Le Lait de la tendresse humaine (2001)	Love is dead		Peur	Voyageur	Journal TV5
	616	521	39	SHO	The Outer Limits	Cashing In	About a Girl	G-Spot	Cock'd Gunns	The Starter Wife (HDTV)	House	
	620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan Girl	Wingfield	Southland "Derailed"	Law & Order	
	520	505	42	DJS	Daily Planet	Treasure Quest "Malta"	Treasure Quest "Malta"	Deadliest Catch "Deadline"		Mayday	Daily Planet	
	575	583	43	CMT	Living, Dream	Tara Diaries	George Strait: ACM Artist of the Decade All Star Concert (N)	Hope & Faith	Hope & Faith	Hope & Faith	Karaoke Star	
	601	562	45	SCL	Skin Deep	Til Debt-Part	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada	
	625	544	46	COM	Air Force	Just for Laughs	Corner Gas	The Simpsons	South Park	Jon Dore Show	Daily Show	
	524	529	47	TBS	House-Payne	House-Payne	Old School ** (2003, Comedy) Luke Wilson, Will Ferrell.	Unsellable	Unsellable	House Hunters	House Hunters	Holmes-Homes
	600	568	49	H&G	House Hunters	Property Virgin	Big City Broker	The Stagers	Primeval (N)	Stormworld (N)	Grand Star	
	627	584	50	SPC	Stargate Atlantis	(DVS)	Star Trek: Voyager	Star Trek: Voyager	Primeval (N)	Stormworld (N)	Grand Star	
	581	566	53	MTV	Room Raiders	After	MTV News	Cribs	Fantasy Fact.	Nitro Circus	Real World-Road Rules	Teen Cribs
	618	524	54	TRP	Vanity Insanity	Ad Persuasion	Ad Persuasion	Seinfeld	Seinfeld	Family Guy	Married... With	Seinfeld
	522	506	55	HIS	NCIS "Dog Tags"	Outlaw Bikers	Outlaw Bikers	Ice Road Truckers	Ice Road Truckers	NCIS "Dog Tags"	Sea Hunters	
	129	773	60	CD	Bestioles à l'attaque! Doc.	Légendes urbaines (HDTV)	Légendes urbaines (HDTV)	Le Dernier combattant (HDTV)		Histoires de crimes	C'est incroy	
	261	394	61	V	Murder, She Wrote	Keeping Up	Foot in Grave	Doc Martin		Driven-Vision	Supernatural	Pottergeist
	602	567	62	W	Will & Grace	Friends	Grocery	Supersize vs. Superskinny		Stuck	Maxed Out	
	269	350	70	APTN	Canadian Geographic	David Gill	David Gill	500 Nations		Miyawayawin	Find. Our Talk	Wings-Canada
	621	527	71	TLK	The Ellen DeGeneres Show	TMZ (N)	etalk	Canada's Next Top Model (N)		The Tonight Show-Jay Leno	TMZ	
	603	561	95	FN	Chef at Home	Fresh-Anna	Diner, Drive-In	Diner, Drive-In		Iron Chef America	Ultimate Recipe Showdown	Opening Soon

critics'corner

Primeval

When an anomaly opens in a busy London hospital, cute but dangerous burrowing creatures roam around the corridors. With teeth so sharp they can chew through anything, they threaten to chomp through the main power supply. Calamity is averted by Cutter, Connor, Abby and Captain Becker (Douglas Henshall, Andrew-Lee Potts, Hannah Spearritt, Ben Mansfield), who are obliged to get the creatures back to their own time before the anomaly closes. 9 PM on 50 SPC



George Strait: ACM Artist of the Decade All-Star Concert

Currently riding the crest of a 25-year career, "the king of country" is saluted by peers and colleagues at the MGM Grand Garden Arena in Las Vegas. Slated to perform are Brooks & Dunn, Jamie Foxx, Faith Hill, Jack Ingram, Alan Jackson, Jamey Johnson, Toby Keith, Miranda Lambert, Tim McGraw, Montgomery Gentry, John Rich, LeAnn Rimes, Blake Shelton, Sugarland, Taylor Swift, Keith Urban and Lee Ann Womack. 8 PM on 13 CBS



Kylie Minogue is engaged, femalefirst.co.uk reports. The 40-year-old singer was reportedly thrilled when her Spanish boyfriend of seven months, Andres Velencoso, popped the question during a romantic trip to New York earlier this month. **METRO NEWS SERVICES**

Kylie says yes

Celebrity Buzz

Amy drops the ball again

DOWNHILL FROM HERE Mark Ronson's dream of recording another track with Amy Winehouse has come crashing to the ground after the troubled singer failed to turn up to the studio to finish their Quincy Jones tribute, femalefirst.co.uk reports.

The producer was at the mixing deck for Winehouse's 2006 global smash LP *Back To Black* and the pop star returned the favour the following year by singing Valerie for Ronson's cover album *Version*.

But the pair failed to recreate their magic last summer when they were approached to compose a Bond theme for *Quantum Of Solace* —

with White Stripes rocker Jack White and Alicia Keys eventually landing the song.

Ronson was due to return to the studio with his muse to record a new version of Lesley Gore's *You Don't Own Me* for an

upcoming album in honour of music industry legend Jones.

But their collaboration has reportedly been dropped from the project — and a disappointed Ronson appears to have given up

hope on convincing Winehouse to wrap up the project.

He says, "The track isn't finished and she's not around. If she's not here, then unfortunately, there is nothing we can do about it."

It's the latest in a series of career blows for Winehouse, who was recently forced to abandon plans for a comeback concert in London days after she was admitted to hospital on the Caribbean island.

METRO NEWS SERVICES



MJ's spending out of control?

MO' MONEY, MO' PROBLEMS

Michael Jackson has been forced to delay the start of his run of shows this summer in London, rescheduling three of the performances for next year. The delay has nothing

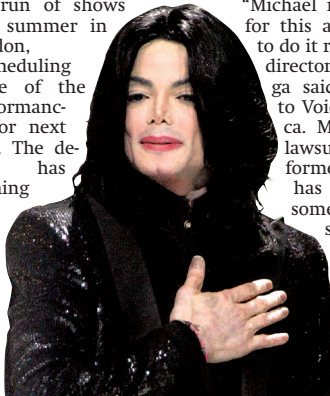
to do with Jackson's rumoured health problems.

"Michael is ready for this and ready to do it right," show director Kenny Ortega said, according to *Voice of America*. Meanwhile, a lawsuit from a former lawyer has exposed some of Jackson's outlandish spending habits, including nearly \$8 million US on statues

of Peter Pan and children playing in just the last few years.

"Mr. Jackson's pattern has been to spend to the brink of insolvency and then borrow against his assets to further feed his spending," former lawyer Raymone Bain said, according to the Sun.

METRO WORLD NEWS



Katie's acting leftovers

SUBSTITUTE Lindsay Lohan is getting back to work with the new film *The Other Side*. But it turns out she wasn't the director's first choice for the role — Katie Holmes was.

"Katie would call me from Berlin at 4 a.m. her time to go over ideas and notes," director David

Michaels told E! News. "The result of our collaboration has tremendously improved the arc and dynamic of the lead character."

But Holmes decided to back out of the film when it looked like there wouldn't be enough funding.

METRO WORLD NEWS



Dad again, Mel admits

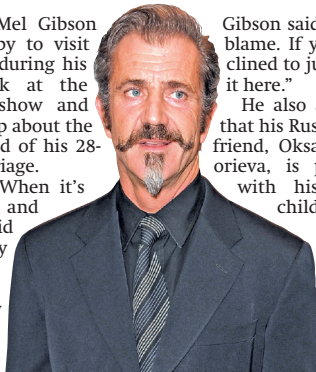
HONESTY Mel Gibson stopped by to visit Jay Leno during his last week at the Tonight show and opened up about the recent end of his 28-year marriage.

"Look. When it's all said and done, I did a pretty good hatchet job on my marriage myself,"

Gibson said. "I'm to blame. If you're inclined to judge, put it here."

He also admitted that his Russian girlfriend, Oksana Grigorieva, is pregnant with his eighth child.

METRO WORLD NEWS



Jen's pampered pet pal

DOG PERSON Jennifer Aniston's dog has a director's chair on the set of her new movie, femalefirst.co.uk reports. The 40-year-old actress is so close to her pet Norman, she brings him to set when she is shooting *The Baster*.

A source told the *National Enquirer* magazine: "Norman is important in Jennifer's life, but the crew is fed up with having to dote on him. Jennifer needs him around all the

time and she won't stand for him being chained up. So the dog has his own chair near the director, and Jennifer also has a doggy masseuse tend to Norman every day."

Aniston ensures 13-year-old Norman is walked three times a day, and is given meals from the actors' catering van.

The source added: "She even insists that Norman eat with the crew and that he's fed organic,

human-grade food. So Jennifer's assistant has special plates made up by the caterer with free-range white meat chicken and organic rice. Norman eats healthier and better than most humans."

METRO NEWS SERVICES

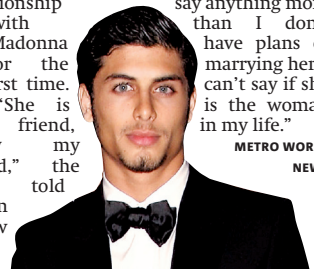


Madonna just a friend: Jesus

DENIAL Jesus Luz has spoken out about his relationship with Madonna for the first time. "She is my friend, my only friend," the Brazilian model told *Fantastico*.

"Madonna is a person who I admire very much, a friend who has entered my life and (with whom) I keep in contact. I cannot say anything more than I don't have plans of marrying her. I can't say if she is the woman in my life."

METRO WORLD NEWS



Boyle? Big deal: Lily

Memory from the musical *Cats*.

But Allen said (via Twitter), "I thought her timing was off on Britain's Got Talent on Sunday — no control, and I don't think she

has an amazing voice."

"She can sing," Allen admitted, "but it's not about talent with her, is it?"

The Britain's Got Talent finale competition takes place this Saturday.

METRO NEWS SERVICES



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METRO WORLD NEWS



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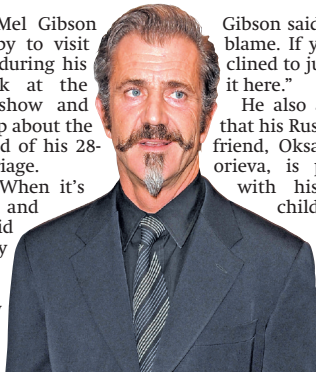
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METRO WORLD NEWS



Hewitt moving fast

QUITE A REBOUND Things seem to be heating up between Jennifer Love Hewitt and Jamie Kennedy. The *Ghost Whisperer* co-stars, who have been dating for several months since Hewitt's split from former fiancé Ross McCall, were spotted buying "love bracelets"

at Cartier, according to the *Chicago Sun-Times*.

"They've also been shopping for an engagement ring for Jennifer," a source says. "She is simply a girl who always needs a man in her life and is getting nervous that she may have missed out on marriage and having a family."

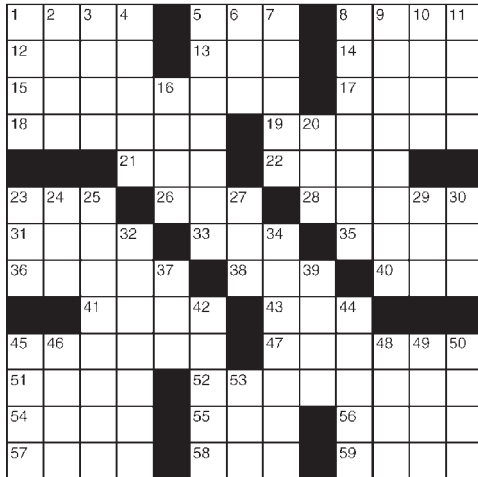
METRO WORLD NEWS





For more delicious Metro recipes, visit: metronews.ca/food

Take Five



Crossword across

- | | | |
|-------------------------|---------------------------|--------------------------------|
| 1 Bushy hairdo | 21 Knock | 45 Undeveloped state |
| 5 "CSI" setting | 22 Platter | 47 Boil |
| 8 Paraphernalia | 23 Bro or sis | 51 Sandwich shop |
| 12 Laugh-a-minute | 26 Existed | 52 Movie about a 1950s scandal |
| 13 Altar affirmative | 28 Come together | 54 Cupid's alias |
| 14 "The Amazing —" | 31 Owl's sound | 55 Work with |
| 15 Solvency | 33 Homer's interjection | 56 Ripped |
| source | 35 Gloomy | 57 Small salamander |
| 17 Sicilian spouter | 36 Give philanthropically | 58 Listener |
| 18 Hard and cold | 38 Directory info (Abbr.) | 59 Catches some rays |
| 19 Whiteboard accessory | 40 Ex, —, zee | |
| | 41 Mongol tent | |
| | 43 Chic no more | |

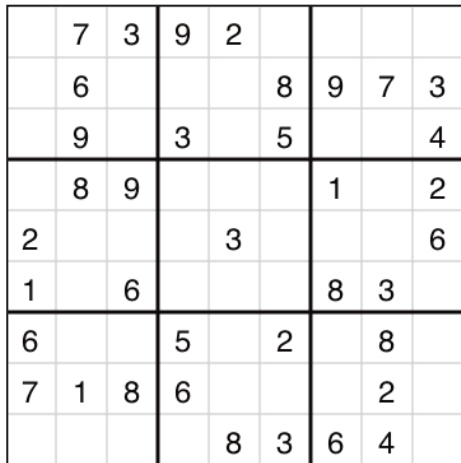
Crossword down

- | | |
|-------------------------|--------------------|
| 1 Curved lines | 27 Trinity member |
| 2 Decree | 29 Chap |
| 3 Got up | 30 Prior to |
| 4 "None of the above" | 32 Sightseer |
| 5 Frog's perch | 34 Indianan |
| 6 Hubbub | 37 Distort |
| 7 Acknowledged applause | 39 Canal zone |
| 8 Lubricated | 42 Chef's hat |
| 9 Submits humbly | 44 Criteria |
| 10 Teenager's woe | 45 Paradise |
| 11 Caboose's position | 46 Unembellished |
| 16 Imperfection | 48 Grand |
| 20 Edge | 49 Trumpet, e.g. |
| 23 That girl | 50 Rams fans? |
| 24 Charged bit | 53 NAFTA signatory |
| 25 Damaging hit | |

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

S	P	O	T	O	W	L	T	E	A	M
A	L	T	O	C	H	I	S	L	E	
G	O	T	O	S	E	E	D	T	A	O
A	D	O	C	A	T	B	L	U	E	S
W	A	N	P	I	C	E				
D	E	F	E	R	B	A	N	D	A	N
A	R	E	A	G	U	Y	E	L	O	N
Y	A	N	K	E	E	S	H	E	I	S
K	I	M	B	U	D					
F	L	Y	N	N	M	A	G	B	I	E
R	O	U	E	T	E	N	S	P	E	E
A	B	L	E	H	A	D	R	A	N	G
T	E	E	D	E	N	S	O	U	S	E

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:	17-21 minSmart
Under 13 minGenius	21-25 minNot bad
13-17 minScholar	25+ minKeep practising

Metro Recipe of the Day



Spiced Couscous Tomatoes

INGREDIENTS:

- 8 large tomatoes
- 2 tbsp (25 ml) extra virgin olive oil
- 1/2 cup (125 ml) (125 ml) flaked almonds.
- 1 small eggplant, diced
- 1 tsp (5 ml) ground coriander
- 1/2 tsp (2 ml) ground cumin
- 1/8 tsp (0.5 ml) ground cinnamon
- 1 cup (250 ml) boiling vegetable stock
- 3/4 cup (175 ml) couscous
- 2 tbsp (25 ml) chopped fresh mint
- 50 g dried apricots, chopped
- 1 tsp (5 ml) harissa (chili paste) pepper to taste

METHOD:

1. Cut tops off tomatoes and scoop out insides. Place tomatoes and cut-off tops on one side. Place seeds and scooped-out flesh in sieve set over small bowl and press with back of spoon to extract juices; you will need about 5 tbsp (75 ml) juice. Leave bowl of juice on one side and discard seeds and flesh.
2. Place hollowed-out tomatoes upside-down on plate covered with paper towel and leave to drain.
3. Heat 1/2 tbsp (7 ml)

olive oil in nonstick pot. Add flaked almonds and cook over low heat for 2-3 minutes or until golden-brown. Remove from pot with slotted spoon and set aside.

4. Add remaining oil to pot. Stir in eggplant and cook 5 minutes, turning frequently, until browned and tender. Stir in coriander, cumin and cinnamon, and cook a few more seconds, stirring constantly.

5. Pour in stock and bring to rapid boil, then add couscous in steady stream, stirring constantly. Remove from heat, cover, and leave to stand 5 minutes.

6. Uncover pan, return to low heat and cook 2-3 minutes, stirring with fork to separate grains. Stir in toasted almonds, mint and dried apricots. Add harissa to reserved tomato juices and stir, then pour over couscous. Add pepper and mix well. Spoon couscous mixture into tomatoes, replace tops and serve.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20
You may be willing to make sacrifices above and beyond the call of duty but common sense tells you that you can't change the world on your own.

LIBRA

SEPT 23-OCT 23
You seem remarkably confident at the moment, thanks to the influence of the Sun and Jupiter in positive areas of the sky. Put it to good use.

TAURUS

APRIL 21-MAY 21
Jupiter in the career area of your chart means you are determined to prove to the world you have what it takes to succeed — and you will.

SCORPIO

OCT 24-NOV 22
No matter what you may have done wrong you will be forgiven, so admit you made a mistake. Say sorry — it's no big deal.

GEMINI

MAY 22-JUNE 21
You are in no mood to let others dictate to you what you can and cannot believe in. Freedom of speech is non-negotiable.

SAGITTARIUS

NOV 23-DEC 21
Cosmic activity in the most outgoing area of your solar chart will make it easy for you to meet new people and make new friends today.

CANCER

JUNE 22-JULY 22
What someone offers you today may be tempting but think carefully before you agree to sign. You certainly won't get anything for free.

CAPRICORN

DEC 22-JAN 20
By all means splash out a bit today — if you can afford it. You have worked your socks off in recent weeks and you are entitled to enjoy what you earned.

LEO

JULY 23-AUG 23
Partners and colleagues may have the upper hand at the moment but it won't do you any harm. What's good for them will be good for you too.

AQUARIUS

JAN 21-FEB 18
Don't try to get approval for what you are about to do. It really does not matter if others support you or not.

VIRGO

AUG 24-SEPT 22
You will get the chance to do well on the work front today, but don't get carried away. Be aware of your limits and don't push yourself too hard.

PISCES

FEB 19-MARCH 20
The more you reflect upon your creative ambitions now, the easier it'll be to realize them in a few weeks when the Sun moves in your favour.

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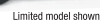
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